



♦ The Glen Springs ♦

Watkins Glen
On Seneca
Lake ♦♦



The ♦♦♦♦
American
Nauheim

A Perfectly Appointed Hotel and Completely Equipped Mineral Springs Health Resort

The only place in America where the Nauheim Baths, for weakness and disease of the heart are administered with a natural Iodo-Bromo-Muriated Brine.

In the treatment of Rheumatism, Gout, Obesity, Neuralgia, Digestive Disorders, Anaemia, Neurasthenia and Diseases of the Nervous System, Heart and Kidneys our methods are unequalled in this country or in Europe.

Its valuable Mineral Springs, its healthful climate and beautiful location, its excellent service and cuisine, home-like features and liberal management place The Glen Springs in the front rank of Health Resorts. Open all the year.

On the Iroquois Trail, the Adirondack Trail and the Cherry Valley Trail, see three following pages. For illustrated booklet address William E. Leffingwell, President, Watkins, N. Y.

